

# NORTH METRO DERMATOLOGY

## Mohs Surgery/Surgical Excision Instructions

### SUTURED SITES:

1. Keep wound clean and dry until sutures are removed. You may replace the dressing if the wound becomes wet.
2. After 48 hours, remove the outer pressure dressing. If applicable, leave the steri-strips in place as they provide support to the wound. If the steri-strips fall off before your suture removal appointment, gently clean the wound twice daily with EltaMD Dermal Wound Cleanser\* (or other gentle cleanser) and reapply antibiotic ointment (use a petrolatum-based ointment if allergic to antibiotic ointment).
3. Following suture removal, use a petrolatum-based ointment 1-2 times daily (in place of the antibiotic ointment) until the wound is well healed. Skin Wise Organics Soothing Barrier Ointment\* may be used for optimal healing.

### NON-SUTURED OR GRANULATING WOUNDS:

1. Keep the wound clean and dry for 48 hours.
2. Remove the dressing after 48 hours. Gently clean the wound site twice daily with EltaMD Dermal Wound Cleanser\* (or other gentle cleanser). Apply antibiotic ointment (use a petrolatum-based ointment if allergic to antibiotic ointment) and a bandage.
3. After 7 days, use a petrolatum-based ointment 1-2 times daily (in place of the antibiotic ointment) until the wound is well healed. Skin Wise Organics Soothing Barrier Ointment\* may be used for optimal healing.

### BLEEDING:

If bleeding occurs, apply firm pressure with a clean dressing for at least 15 minutes. Do not lift the dressing during the time to check for bleeding.

### INFECTION:

Infection is uncommon after skin surgery. Some soreness, redness, and swelling are expected after surgery. Possible signs of infection include: wound site becoming especially sore, increased redness and/or wound feeling hot to the touch, excess discharge, and fever. Please contact our office if you develop signs of infection.

\* This "first aid care" product is classified as an eligible expense by most HSA, HRA, and FSA plans. Check with your plan's administrator to confirm qualifying expenses, as well as any supporting documents that may be needed to substantiate your claim.

**BRUISING AND SWELLING:**

Bruising and swelling may occur at or near the surgical site. Bruising and swelling can be especially severe around the eye resulting in a black eye and/or the eye swelling shut. Ice packs can be applied after surgery to reduce swelling.

**PAIN MANAGEMENT:**

Acetaminophen (Tylenol) can be taken to manage pain. Take two 325mg tablets or 1-2 500mg tablets of Acetaminophen every 4-6 hours as needed. Do not take Aspirin, Ibuprofen (Advil, Motrin), Naproxen (Aleve), or other arthritis drugs as they may promote bleeding.

**ADDITIONAL INSTRUCTIONS:**

---

---

---

---

PLEASE CONTACT OUR OFFICE IF YOU HAVE ANY QUESTIONS OR CONCERNS.

400 Village Center Drive, Suite 200 ~ North Oaks, MN 55127 ~ 651-789-9800

\* In the event of an emergency taking place after hours, please contact  
Dr. Bart Endrizzi at 651-789-9819.