

NORTH METRO DERMATOLOGY

Biopsy/ED&C/Wound Care Instructions

Unless instructed otherwise, leave the bandage on for 24 hours and then follow these instructions once daily for 7-10 days or until stitches are removed:

1. Gently cleanse wound with water and a gentle soap (i.e. unscented Dove, Vanicream or Cetaphil cleanser). We also offer Skin Wise Organics Gentle Cream Cleanser or an easy-to-use Dermal Wound Cleanser* made by EltaMD.
2. Unless otherwise specified, apply a small amount of topical antibiotic ointment, such as Bacitracin (available at most pharmacies) and reapply a bandage or other non-stick dressing. After three days, a neutral ointment (such as Vaseline, Aquaphor, or Skin Wise Organics Soothing Barrier Ointment) can be used in place of an antibiotic ointment. Be sure to keep the wound moist to avoid scabbing.
3. If you have stitches, you should continue the above regimen until you return to have them removed.
4. Silicone scar treatment products* by Silagen can be started once the wound site has healed (sutures removed, no oozing).

* This product is classified as an eligible expense by most HSA, HRA, and FSA plans. Check with your plan's administrator to confirm qualifying expenses, as well as any supporting documents that may be needed to substantiate your claim.

Call the office or seek medical attention if:

1. The area around the wound becomes painful or hot to the touch.
2. You see pus in the wound or red streaks (other than bruising) extending from the wound.
3. You develop a fever.

Results:

Although sometimes the process is longer, biopsy results usually take 7-10 business days to be finalized. We will contact you to discuss results as soon as our office receives the pathology report. Please call the office if it has been more than 14 business days after the procedure and you have not received a phone call notifying you of your results.

Laboratory/Pathology Services:

North Metro Dermatology outsources all pathology services to Twin Cities Dermatopathology where all specimens (unless otherwise indicated by the provider) are sent to be analyzed by a Dermatopathologist. Twin Cities Dermatopathology is a separate entity from North Metro Dermatology, and all billing inquiries related to pathology services should be directed to Twin Cities Dermatopathology at 763-525-0363.

Please contact our office if you have any questions or concerns.

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