

NORTH METRO DERMATOLOGY

Mohs Surgery/Surgical Excision Instructions

SUTURED SITES:

1. After _____ hours, remove the outer pressure dressing. Prior to _____ hours, you may replace the bandage if it becomes wet and will not stay adhered. Gently clean the wound once daily using a gentle soap and reapply antibiotic ointment (use a petrolatum-based ointment if allergic to antibiotic ointment). North Metro Dermatology offers an easy-to-use EltaMD Dermal Wound Cleanser*.
2. Follow up for suture removal in _____ days.

NON-SUTURED OR GRANULATING WOUNDS:

1. Keep the dressing clean and dry for _____ hours.
2. Remove the dressing after _____ hours. Gently clean the wound site one or two times daily using a gentle soap (or the EltaMD Dermal Wound Cleanser*). Apply antibiotic ointment (use a petrolatum-based ointment if allergic to antibiotic ointment) and a bandage.
3. Repeat wound care instructions for a minimum of _____ days or unless directed otherwise.

BLEEDING:

If bleeding occurs, apply firm pressure with a clean dressing for at least 15 minutes. Do not lift the dressing during this time to check for bleeding.

INFECTION:

Infection is uncommon after skin surgery. Some soreness, redness, and swelling are expected after surgery. Possible signs of infection include wound site becoming excessively sore, increased redness and/or wound feeling hot to the touch, excess discharge, and fever. Please contact our office if you develop any signs of infection.

BRUISING AND SWELLING:

Bruising and swelling may occur at or near the surgical site. Bruising and swelling can be especially severe around the eye resulting in a black eye and/or the eye swelling shut. Ice packs can be applied after surgery to reduce swelling.

PAIN MANAGEMENT:

Acetaminophen (Tylenol) can be taken to manage pain. Take two 325mg tablets or one or two 500mg tablet of Acetaminophen every 4-6 hours as needed. Do not take Aspirin, Ibuprofen (Advil, Motrin), Naproxen (Aleve), or other arthritis drugs as they may promote bleeding.

SCARRING:

Silicone scar treatment products* by Silagen can be started once the wound site has healed (sutures removed, no oozing).

* This product is classified as an eligible expense by most HSA, HRA, and FSA plans. Check with your plan's administrator to confirm qualifying expenses, as well as any supporting documents that may be needed to substantiate your claim.

Please contact our office if you have any questions or concerns.

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