

# NORTH METRO DERMATOLOGY

## DYSPORT® AND BOTOX® CONSENT AND INSTRUCTIONS

### Proposed Treatment

Injection of Botox® or Dysport®, purified toxins produced by the bacterium clostridium botulinum, into the specific muscle causes weakness resulting in temporary relaxation and improvement of wrinkles that the muscle action has formed.

### Anticipated Benefits and Limitations

Response is usually seen 2-14 days after injection. Wrinkles (particularly deeper lines) present at rest may not improve entirely. Typically, the muscle action and wrinkles will return in 3-5 months. Repeat treatment is advised when muscle action and wrinkles return. For further correction of wrinkles, a subsequent treatment or “touch up” is occasionally needed 2-3 weeks following treatment; separate charges apply for all subsequent treatments. Touch up treatments are advised no sooner than 2 weeks (especially when receiving treatment to multiple areas as different sites may respond sooner than others).

### Possible Contraindications

- Neuromuscular disease, such as myasthenia gravis or Eaton-Lambert disease, etc.
- Recent injury or infection near desired treatment area
- Pregnancy or breastfeeding
- Muscle relaxers
- Aminoglycoside antibiotics

### Risks

Possible side effects include: bruising, swelling, redness, transient headache, pain during injection, tenderness after injection, twitching, itching, numbness, asymmetry (unevenness), and temporary drooping of eyelids or eyebrows. The theoretical risk of unknown complications also exists, as well as lack of achieving anticipated benefits. It is important to tell your provider about all past and present medical conditions as certain conditions or medications may contraindicate treatment or increase treatment risks.

### Pre-Treatment Instructions

- 10 days before treatment, avoid the following medications and supplements that may increase the risk of bruising:  
Aspirin, Advil, Motrin, Ibuprofen, Aleve, Naproxen, Excedrin (all OTC pain pills except Tylenol), Vitamin E, Multi-Vitamin, Gingko Biloba, Omega-3 Fatty Acids, Cod Liver Oil, Fish Oil, Flax Oil, CoQ10, Garlic and Ginger
- If you are taking any blood-thinning medications as per doctor’s orders (such as Coumadin, Warfarin, Plavix, Lovenox, Aspirin), do not discontinue without first consulting with the prescribing provider. The chance of developing an injection-related hematoma (blood clot) is higher when taking these medications.

- Do not drink alcohol within 48 hours before treatment as this may also increase the risk of bruising.
- Silagen® Arnica-Bromelain Complex which is an oral supplement that can be started two days before your appointment to reduce bruising and swelling. It is also fine to start the day of the procedure, but it can be more beneficial to start a couple days in advance. This can be purchased on our website or at our clinic or by phone.

**Post-Treatment Instructions**

- Avoid pressure and manipulation to injected areas for 48 hours unless instructed otherwise.
- Avoid strenuous activity and exercise for 24 hours following treatment.
- Avoid lying down or bending over for 4 hours as this may cause product to disperse into undesirable areas.
- Make-up can be worn immediately following treatment.
- It is important to contact our office immediately if pain is moderate in severity and/or if mild pain persists. You should also contact our office if observing a change in skin color or other complications. If seeking medical attention elsewhere, be sure to specify injection sites and product (this is important even if problems seem unrelated and occur several days following injections).

By signing below, I acknowledge that I have read this form and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Dysport® and Botox® treatments. I hereby release North Metro Dermatology from all liabilities associated with this procedure.

Patient Name (print): \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_



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